



TOGETHER AGAIN

March 29, 2023

Sheltering Arms 13th
Power to Overcome
Celebration

Recognizing and celebrating
those who have found their
Power to Overcome the
setbacks of illness and injury



Together Again!

WELCOME and thank you for being part of this joyful occasion. After spending the last few years apart for the safety of our community, we are excited to be “Together Again” uniting and celebrating the patients, team members, and donors who make finding the Power to Overcome possible.

Tonight, you will get a unique glimpse into what makes Sheltering Arms so special as we hear stories of recovery and learn the challenges some face that many would consider insurmountable.

It is our hope that you will leave this evening’s program inspired and realize that you are making a difference with your care and support.

This is our opportunity to salute and thank you for being a part of the important services Sheltering Arms has provided for more than 134 years and will continue to provide for years to come. *We love that we are together again!*

GIVING POWER

The Power to Overcome Fund will assist patients and caregivers in need with resources to enhance quality of life as they leave Sheltering Arms Institute. The fund may help cover such things as out-of-pocket costs for power wheelchair batteries, “sip and puff” or other assistive technologies, medication, and other items that increase independence for individuals who could not otherwise afford them.

[CLICK HERE TO MAKE A DONATION](#)



P20 Evening Program

6-6:45 p.m. | Cocktail Reception

7:00 p.m. | Dinner in the Ballroom

Blessing:

Chaplain Rev. Dr. Gloria Flowers

Welcome:

Rick and Kellie Kelley

P20 Volunteer Committee Chairs

Master of Ceremonies:

Kelly Merricks

VP of Philanthropy, Sheltering Arms Foundation

7:45 p.m. | Program

Introduction of Keynote Speaker:

Alan Lombardo

CEO, Sheltering Arms Institute

Power to Overcome Story:

Jordan Erisman

Original Song: *Better Days Are Coming*

George Rose and Audrey Weatherstone

Closing:

John L. "Mac" McElroy III

President, Sheltering Arms Foundation

P2O VOLUNTEER COMMITTEE

Kellie and Rick Kelley

Kelly and Clem Sydnor

Charlie and André Xavier

Eleanor and Robert Angle

Michael Jarvis

POWER TO OVERCOME STORY:

Jordan Erisman



In June 2022, Jordan, his girlfriend, and some friends were caving and exploring a remote area in West Virginia when the ground beneath Jordan collapsed causing him to fall a total of 90 ft. He was helicoptered to Carilion Roanoke Memorial Hospital.

Jordan sustained multiple traumatic injuries, including a T8, Grade A spinal cord injury meaning that he was paralyzed from the waist down.

He spent one month at Sheltering Arms Institute for inpatient rehabilitation where he utilized various bodyweight support technologies and learned new skills such as transferring into and properly maneuvering his wheelchair.

Upon graduating from inpatient, Jordan completed outpatient therapy at Sheltering Arms Institute's Hanover Outpatient Center before continuing to build his strength and confidence through the physician-referred exercise program, PowerEx, at Sheltering Arms.

Today, Jordan is back to work as a program manager for the Virginia Tech Transportation Institute (VTTI) and is an active Sportable athlete. He has inspired many with his positive, can-do attitude and is a true example of finding the Power to Overcome saying, "We cannot decide the circumstances which befall us, but we can choose what to make of them."

Thank you to our sponsors

PRESENTING SPONSOR



SCOTT AND
DEBORAH AMEY

TED AND CAROL
PRICE



RESERVED TABLE SPONSORS



LARRY AND
GORDON GIBSON



GLOBAL
ENDOWMENT
MANAGEMENT



LISA AND CHARLIE
LUCK FUND of the
Community Foundation
for a greater Richmond



Thank you to our sponsors

ADVOCATE SPONSORS

tyromotion

Patient First



**ROLL WITH
COLE, NFP**



**DIANNE AND
DEUCE JEWELL**



PROUD SPONSORS

Arcus

AFS 401K Retirement
Services

Bank of America

Peter and Jackie Bowles

Cherry Bekaert, LLP

Flippo Lumber Corporation

Ashby and Lori Hackney

Hirschler

Junior Board of
Sheltering Arms

Lincoln Financial

Jim and Kristen
Litsinger

Lombardo Family

Anne and Mac McElroy

Mobile Heartbeat

Old Point National Bank

RCM&D

Siemens

Sportable

Svoboda Family

Peter and Barbara

Zedler



ABOUT SHELTERING ARMS INSTITUTE

REHABILITATION HOSPITAL

Thanks to the generosity of more than 300 donors, including individuals, families, corporations, foundations, and community organizations, more than \$51 million was raised to make our new rehabilitation hospital a reality.

This state-of-the-art hospital offers the most comprehensive treatment and support system in the Mid-Atlantic region and beyond to care for severe and complex neurological and orthopedic conditions. Our evidence-based clinical practice guidelines and the latest rehabilitation technology ensure the best possible outcomes for our patients.

***We are grateful for
the generosity and
support from our
community for making
this dream a reality.***



OUTPATIENT CENTERS

Sheltering Arms Institute offers a full range of outpatient therapy custom designed for each patient. We offer the same advanced technology as offered in our hospital so patients can have a seamless transition as they continue their recovery journey. Our outpatient centers are conveniently located around central Virginia.



COMMUNITY PARTNERS

To extend our continuum of services, we partner with many organizations within the community to ensure patients have, or are connected with, needed resources such as accessible housing and ramps, adaptive sports, recreation, peer mentoring, support groups, and much more.

PROGRAMS AND SERVICES

- Amputee Care
- Aquatic Therapy
- Balance and Fall Prevention
- Concussion Services
- Critical Illness Recovery
- Developmental Disabilities
- Driver Readiness
- Dry Needling
- Industrial Rehabilitation
- Joint Replacement
- Multiple Sclerosis
- Neurological Rehabilitation
- Occupational Therapy
- Orthopedic Rehabilitation
- Pain Management
- Parkinson's Disease
- Pelvic Health
- Physical Therapy
- Post-COVID
- Post-Surgical Recovery
- Pregnancy Recovery
- Speech-Language Pathology
- Spinal Cord Injury Recovery
- Stroke Recovery
- TMJ Therapy
- Traumatic Brain Injury
- Vestibular Therapy
- Video Motion Analysis
- Wheelchair Assessments



PARTNER FOR L.I.F.E

(Leisure, Interaction, Fitness, Enjoyment)

Through our partnership with Sheltering Arms, our certified exercise physiologists and recreational therapists offer a full range of **fitness, recreation, and wellness services** to empower people of all abilities to embrace an active and fulfilling life.

Adaptive exercise training is a one-on-one program that tailors exercise, education, and healthy lifestyle habits to each person

Adaptive recreation helps individuals return to leisure activities such as golfing, fishing, bowling, and horseback riding through the use of modifications and specialized equipment, if needed

Aquatic and land-based fitness classes focus on improving cardiorespiratory fitness and social engagement in a group setting

Club Rec is an adult day recreation program that provides supervised social, recreational, and wellness activities, promotes healthy living, and enhances quality of life

Community engagement programs include Healthy Habits, Matter of Balance, and disease-specific self-management courses

Fitness and pool memberships provide opportunities for independent exercise in an accessible environment

NeuroFit is an exercise-based program that utilizes advanced technology for individuals with neurological conditions

PowerEx is a semi-supervised exercise program that empowers a healthy lifestyle, behavior change, and independent exercise for all ability levels

Special events include travel, sporting, recreational, and social events to provide participants opportunities to socialize with others while enjoying their favorite leisure activities

Support groups help you and your caregiver learn ways to adapt to your situation from specialists and peers

Thank you to our board members for your ongoing commitment to Sheltering Arms and our patients.

SHELTERING ARMS CORPORATE BOARD

Peter A. Zedler, MD,
Chair
Teresa Reynolds DiMarco,
Vice Chair
Ashby R. Hackney,
Immediate Past Chair
Holly Antrim
Kimberly R. Baine, CPA
Peter H. Bowles
John D. Burns, MBA,
FACHE
W. Lee Chaney, III, CPA
David E. Constine, III

Sandra M. Douglas, JD,
CHC, CHPC
Edward F. Gerardo
Lawrence E. Gibson
Dianne V. Jewell, PT,
DPT, PhD,
SAC President & CEO
(Ex-Officio)
John L. "Mac" McElroy
President, (Ex-Officio)
Theodore W. Price,
Foundation Board Chair

SHELTERING ARMS INSTITUTE BOARD OF MANAGERS

Dianne V. Jewell, PT, DPT, PhD,
Chair
Karah Gunther, JD, MHA,
Vice Chair
Kimberly R. Baine, CPA
Dr. David X. Cifu
Dr. Ilvy Cotterell
Edward F. Gerardo
Ashby R. Hackney
Ryan Raisig, MHA, FACHE
Michael Roussos
Dr. Peter A. Zedler

FOUNDATION BOARD

Theodore W. Price,
Chairman
Peter H. Bowles,
Vice Chair
Richard M. Bagby
Gina P. Bass
Michael W. Bor
Charles M. Caravati III
Patricia B. Cushnie, BSN, MED

Barbara H. Dunn, PhD, RN
Lawrence E. Gibson
Ashby R. Hackney
Russell B. Harper
Dianne V. Jewell, PT, DPT, PhD,
SAC President & CEO
(Ex-Officio)
Paul Rick Kelley
John L. "Mac" McElroy
President, (Ex-Officio)

Lisa Taylor Powell
Sue H. Schutt
Ashley K. Tischer,
Junior Board President
LaTasha S. Turpin
Leslie Wyatt, RN
Peter A. Zedler, MD,
Corporate Board Chair
(Ex-Officio)

JUNIOR BOARD OFFICERS

Ashley Krupin Tischer,
President
Hampton Moore Eubanks,
President Elect
Sarah Poitevent Porter,
Past-President
Alyson Green Croft,
Bal du Bois Co-Chair
Sarah Ann Knier,
Bal du Bois Co-Chair

Elizabeth Pratt Stephens,
Recording Secretary
Eugenie Valentine Calderon,
Corresponding Secretary
Sara Abigail Fishero,
Treasurer
Allison White Monette,
Sponsor Outreach Chair
Julie Hazelip Antrim,
Sponsor Chair

Lillibet Snellings Kyte,
Professional Development Chair
Margaret Cogar Brock,
Corporate Sponsor Chair